

BVSD Concussion Protocol



BVSD has a protocol for concussion management. When a BVSD student sustains a concussion, there is a district concussion protocol which outlines the process for the student's return to academics, as well as sports (if applicable). This process is briefly outlined below to give you a better understanding of what to expect for your student throughout the recovery process.

**START
HERE**

Concussion occurs
May be medically diagnosed or inferred

Parents should notify school of injury. Protocol is initiated.

Academic Adjustments are put into place – this includes NO recess, NO P.E., and NO BVSD sports.

Recovery is monitored through check-ins with the student, teachers, & parents and is symptom-based. Once symptoms resolve, academic adjustments are lifted.

Should symptoms return when attempting to go back to a regular school day, the protocol continues.

If your student remains symptom free upon the return to full academics, they may progress to the Return to Activity/Play Protocol.

Things to Note:

Academic Adjustments are temporary accommodations put into place to allow for students to balance a return to school while still ensuring the brain has an opportunity to heal.

For BVSD Athletes - BOTH a return to full academics AND clearance by an approved healthcare provider are required to begin the Graduated Return to Play process.
Non-athletes will follow the same protocol, except that your student is not required to have clearance from a medical provider. However, clearance from a provider is preferable.

Please note - the school team has the discretion to halt student participation in sports, **EVEN IF CLEARED BY A PHYSICIAN**, if your student is still requiring academic adjustments in school.

The Return to Activity/Play Protocol involves a conservative, stepwise approach to participation in physical activities, including P.E. and BVSD sports.

Remember: one of the most helpful things you can do is keep in contact with the school throughout the recovery process. **If you have any questions or concerns - please contact your School Nurse.**